

COURSE TITLE:

CATHETER CARE

MODULE	MODULE NAME	OBJECTIVE
1	Understanding Urinary Catheters	To understand what a urinary catheter is, why it is used, who may need one, and the differences between short term and long term catheterisation.
2	Urinary System	To understand the main organs of the urinary system, including the kidneys, ureters, bladder, and urethra, and how they support urine production and removal.
3	Types of Urinary Catheters	To understand the main types of urinary catheters, including suprapubic, intermittent, and indwelling catheters, and when each may be used.
4	Urinary Catheter Parts	To understand the main parts of a urinary catheter and drainage system, including the insertion tip, drainage holes, balloon, tubing, ports, and collection bag.
5	Emptying and Changing Drainage Bag	To understand how to safely empty and change a urinary drainage bag using appropriate hand hygiene, clean technique, safe connections, and correct disposal procedures.
6	Catheter Care	To understand routine catheter care, including hygiene, maintaining a closed drainage system, correct bag positioning, monitoring urine, & accurate documentation.
7	Hygiene and Infection Prevention	To understand common catheter related complications, recognise signs of infection, and apply hygiene, handwashing, PPE, and infection prevention measures.