

COURSE TITLE:

ORAL HEALTH CARE

MODULE	MODULE NAME	OBJECTIVE
1	Understanding Oral Health	To understand the importance of oral hygiene, recognise healthy and unhealthy mouth conditions, and understand how oral health affects general health, wellbeing, and dignity.
2	Tooth Anatomy	To understand the structure of the mouth and teeth, including the jaws, crown, root, enamel, dentine, pulp, cementum, and different types of teeth.
3	Oral Health Problems	To understand common oral health problems, including gum disease, tooth decay, oral cancer, dental trauma, dry mouth, mouth ulcers, and tooth sensitivity.
4	Brushing Technique	To understand effective toothbrushing techniques, appropriate oral care products, and how regular brushing helps remove plaque and prevent oral health problems.
5	Flossing Technique	To understand the correct flossing technique and alternative interdental cleaning methods used to remove plaque and food particles between teeth.
6	Supporting Individuals Unable to Brush Their Teeth	To understand how to provide safe and respectful mouth care for individuals who cannot brush independently, including preparation, positioning, infection control, and brushing techniques.