

COURSE TITLE:

CARE CERTIFICATE

MODULE	MODULE NAME	OBJECTIVE
1	Understand Your Role	To understand the roles, responsibilities, professional standards, and agreed ways of working required to provide safe and effective care.
2	Your Personal Development	To understand the principles of personal development, self-reflection, and continuous learning, and apply a personal development plan to improve professional practice.
3	Duty of care	To understand legal, ethical, and professional responsibilities of duty of care, and how to apply them to promote safety, dignity, independence, and effective risk management.
4	Equality, diversity, inclusion and human rights	To understand the principles of equality, diversity, inclusion, and human rights and apply person-centred approaches that promote fair, respectful, and inclusive care.
5	Work in a person-centred way	To understand person-centred care principles, values, and planning approaches to support individuality, independence, dignity, respect, rights, and personal choice.
6	Communication	To understand the purpose and principles of effective communication, methods to meet diverse needs, and tools to support inclusive and person-centred interaction.
7	Privacy and dignity	To understand the principles of privacy, dignity, and confidentiality, and apply these in delivering safe, respectful, and person-centred care.
8	Fluids and nutrition	To understand nutrition, hydration, malnutrition, and food safety, and how to support individuals to maintain health and wellbeing through balanced diets.

9	Awareness of mental health and dementia	To understand mental health conditions and dementia, recognise early signs, and apply person-centred approaches to support recovery and wellbeing.
10	Adult safeguarding	To understand adult safeguarding principles, identify abuse, and respond appropriately to protect adults at risk in line with legal and organisational requirements.
11	Safeguarding children	To understand child safeguarding and protection, recognise abuse, and apply appropriate actions to protect children and promote their welfare.
12	Basic life support	To understand principles of BLS, CPR, recovery position, AED use, and respond safely to medical emergencies including choking, bleeding, burns, fractures, shock, heart attack, and stroke.
13	Health and safety	To understand health and safety principles, identify hazards, apply risk assessment and control measures and maintain a safe care environment.
14	Handling information	To understand information handling, confidentiality, GDPR principles, and how to securely manage, store, and dispose of personal and sensitive data.
15	Infection prevention and control	To understand infection prevention, the chain of infection, hand hygiene, PPE, and safe handling of infectious waste in care settings.
16	Awareness of learning disability and autism	To understand learning disabilities and autism, recognise types and characteristics, and apply person-centred approaches to support communication, behaviour, dignity, and independence.