

COURSE TITLE:

# STROKE AWARENESS

MODULE	MODULE NAME	OBJECTIVE
1	Introduction to Stroke	To understand what a stroke is, how it affects the brain, and why interrupted blood flow causes brain cell damage.
2	Types of Stroke	To learn about the main types of stroke, including ischemic and hemorrhagic stroke, and how each develops in the brain.
3	Signs and Symptoms	To identify the common signs and symptoms of stroke and recognise sudden warning changes that require urgent medical attention.
4	Acting FAST	To understand the FAST method for recognising stroke quickly and learn why immediate action is critical for emergency treatment.
5	Stroke Risk Factors and Complications	To learn about major stroke risk factors and understand the physical, cognitive, and emotional complications that may follow a stroke.
6	Investigations and Tests for Diagnosis	To understand the main investigations used to diagnose stroke and how tests help confirm the type and cause of stroke.
7	Treatment and Medication	To understand the main stroke treatments, including medication and procedures used to restore blood flow and prevent further strokes.
8	Rehabilitation and Recovery	To learn how rehabilitation supports stroke recovery through therapy, helping individuals regain function, independence, and daily living skills.