

COURSE TITLE:

INFECTION PREVENTION AND CONTROL

MODULE	MODULE NAME	OBJECTIVE
1	Introduction to Infection Prevention and Control	To introduce the concepts of infection, prevention, & control, and explain why applying these measures is essential in care settings to protect vulnerable individuals.
2	Types of Microorganisms	To describe the main types of microorganisms and explain how they can cause infections in care environments.
3	Understanding Infection and Its Spread	To explain how infections occur & spread, including the roles of source, susceptible host, and routes of transmission, and how care workers can interrupt the spread.
4	Chain of Infection	To outline the six links in the chain of infection and explain how each can be broken through good hygiene, PPE, and safe practices.
5	Hand Hygiene (Proper Hand Washing Techniques)	To highlight the importance of hand hygiene, when to use soap & water or alcohol rubs, & the correct steps for effective hand washing.
6	Personal Protective Equipment (PPE)	To explain the different types of PPE, their correct use, and the proper sequence for donning & doffing to reduce infection risks.
7	Infectious Waste Disposal	To explain what infectious waste is, why safe disposal matters, and how to apply correct procedures for segregation, handling, transport, & disposal, including sharps & soiled linen.