

COURSE TITLE:

MOVING & HANDLING IN CARE SETTINGS

MODULE	MODULE NAME	OBJECTIVE
1	Introduction to Moving and Handling in Care Settings	To understand what moving and handling means in care, why it is important for safety and comfort, and how correct practices protect both care workers and service users.
2	Legislation Relevant to Moving and Handling	To learn about the key laws that govern safe moving and handling, their purpose, and how they create safer environments for care workers and service users.
3	Risks Associated with Unsafe Moving and Handling	To identify the risks caused by unsafe practices, including injuries to care workers and harm to service users, and to understand how these risks can be prevented.
4	Principles of Safe Moving and Handling	To apply the core principles such as preparation, correct posture, communication, and teamwork so that moving and handling tasks are carried out safely.
5	Correct Handling Techniques for Different Transfers	To learn the safe and proper techniques for a range of transfers, such as sitting, standing, repositioning, and moving patients, with a focus on reducing risks.
6	Equipment Used in Moving and Handling	To explore different moving and handling aids, understand how to use them correctly, and know when to apply each type of equipment for safer care practices.
7	Case Study (Safe Moving and Handling in Practice)	To apply theory into practice through a case study, showing safe handling, problem-solving, and professional care in a real-life scenario.