HCA London

COURSE TITLE:

POSITIVE BEHAVIOUR SUPPORT (PBS)

MODULE	MODULE NAME	OBJECTIVE
1	Understanding Positive Behaviour Support	To understand what Positive Behaviour Support is, how it focuses on the individual and their needs, and how it promotes quality of life through person centred support.
2	Understanding Behaviours	To understand behaviour as a form of communication, recognise the main functions of behaviour, and identify how understanding behaviour supports effective Positive Behaviour Support.
3	Behaviours that Challenge	To understand different types of behaviours that challenge, including verbal and physical aggression, self-harm, destructive behaviour, pica, and meltdowns.
4	Causes of Challenging Behaviours	To understand the biological, physical, psychological, environmental, communication, and health factors that may influence behaviours that challenge.
5	Key Principles of Positive Behaviour Support	To understand the key principles of PBS, including person centred support, quality of life, evidence based practice, prevention, skill development, collaboration, and least restrictive practice.
6	Communication and Positive Behaviour Support	To understand how effective communication, active listening, non-verbal communication, and communication aids can support individuals and reduce distress and misunderstandings.
7	Proactive, Preventive and Responsive Strategies	To understand proactive, preventive, early intervention, and responsive strategies used to reduce distress, maintain safety, and promote dignity, independence, and quality of life.
8	Behaviour Support Plans	To understand the purpose of Behaviour Support Plans, how they are developed and implemented, and how monitoring and review support individualised and consistent care.