COURSE TITLE:

EPILEPSY AWARENESS

MODULE	MODULE NAME	OBJECTIVE
1	Introduction to Epilepsy Awareness	To understand what epilepsy is, how seizures occur, how epilepsy can affect individuals differently, and the importance of recognising common facts and misconceptions.
2	Brain and Epileptic Seizures	To understand how the brain and neurons communicate, how abnormal electrical activity can cause seizures, and how the affected brain area influences seizure symptoms.
3	Triggers, Causes and Symptoms	To understand the main types of epileptic seizures, including focal, generalised, unknown and unclassified seizures, and how their features can vary according to where they begin and spread.
4	Types of Epileptic Seizures	To understand the main types of epileptic seizures, including focal, generalised, unknown and unclassified seizures, and how their features can vary according to where they begin and spread.
5	Epilepsy Diagnosis	To understand how epilepsy is diagnosed through clinical assessment, seizure history, eyewitness information, consideration of alternative explanations and recognised diagnostic criteria.
6	Tests for Epilepsy	To understand the main investigations used when epilepsy is suspected, including EEG, MRI, CT, blood tests and ECG, and how their findings contribute to diagnosis.
7	Management and Treatment	To understand the main approaches to epilepsy management, including anti-seizure medicines, specialist treatments, emergency medication, seizure monitoring, lifestyle support and ongoing clinical review.
8	Epilepsy First Aid and Care	To understand appropriate seizure first aid, when emergency assistance is required, how to support recovery, and how person centred care and proportionate safety measures promote independence.